

Monday	Tuesday	Wednesday	Thursday	Friday
Cheeseburger Mac Peas & Carrots Fruit mix 1% White or 1% Chocolate Milk 3	Asian Chicken w/ Brown Rice Marvelous Mixed Veggies Applesauce Cup 1% White or 1% Chocolate Milk 4	WG Pizza Slice Baby Carrots 3oz Fresh Apple slices 1% White or 1% Chocolate Milk 5	Chicken Tenders w/ Dinner Roll Tossed Salad with Ranch Fresh Banana 1% White or 1% Chocolate Milk 6	Walking Taco w/ WG Corn Chips Seasoned Corn Diced Pears 1% White or 1% Chocolate Milk 7
Chicken Soft Taco on WW Tortilla w/ WG Rice Fiesta Taco Black Beans Mixed Berry Applesauce Cup 1% White or 1% Chocolate Milk 10	Classic Cheeseburger on WW Bun Crinkle Fries Diced Peaches 1% White or 1% Chocolate Milk 11	Mini Cheese Calzones Steamed Broccoli Mandarin Orange 1% White or 1% Chocolate Milk 12	BBQ Beef Meatballs w/Bun Seasoned Corn Fresh Banana 1% White or 1% Chocolate Milk 13	WG Pizza Slice Romaine w/ Dressing Fresh Apple 1% White or 1% Chocolate Milk 14
Beef & Cheese Nachos w/ WG Corn Chips Tossed Salad with Ranch Fresh Apple 1% White or 1% Chocolate Milk 17	Breaded Chicken Patty on WW Bun Peas & Carrots Diced Pears 1% White or 1% Chocolate Milk 18	Italian Meatball Sub on WG Bun Seasoned Corn Fresh Apple slices 1% White or 1% Chocolate Milk 19	Penne with Chicken Alfredo sauce and WG Breadstick Steamed Broccoli Fresh Banana 1% White or 1% Chocolate Milk 20	WG Pizza Slice Baby Carrots 3oz Fruit mix 1% White or 1% Chocolate Milk 21
Chicken Pizza Quesadilla Steamed Broccoli Fresh Apple 1% White or 1% Chocolate Milk 24	Classic Cheeseburger on WW Bun Baked Beans Mandarin Orange 1% White or 1% Chocolate Milk 25	Salisbury Steak w/ WG Dinner Roll Mashed Potato Cinnamon Applesauce Cup 1% White or 1% Chocolate Milk 26	Chicken Strips & Waffle Baby Carrots 3oz Fresh Banana 1% White or 1% Chocolate Milk 27	WG Pizza Slice Romaine w/ Dressing Orange Juice 1% White or 1% Chocolate Milk 28
Mini Cheese Calzones Tossed Salad with Ranch Fresh Apple 1% White or 1% Chocolate Milk Happy Halloween! 31				



Thought for Thought

Tips & Information

Columbus is celebrated on the 2nd Monday in October. The day is commemorated as the Columbus Day in United States, as Día de las Culturas (Day of the Cultures) in Costa Rica, as Día de la Hispanidad (Spanish Day), as Día de la Raza (Day of the Race) in many countries in Latin America. Columbus Day became an authorized state holiday in Colorado in 1905. It became a national holiday in 1970 in the United States.

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"or." = An alternative selection to choose. "WG"=Whole Grain
 1% White & 1%Chocolate Milk
 available daily.



Menu Subject to Change