Monday	Tuesday	Wednesday	Thursday	Friday		
Bag Breakfast	Bag Breakfast	Bag Breakfast	WG Pancake	Bag Breakfast		
Blueberry Chex Cereal Animal Grahams Craisins 100% Juice 1% White Milk	Mixed Berry Rice Krispie Cereal Bar Fruit Cup Crackers Juice 1% White Milk	WG Bagel with Cream Cheese Fresh Apple 1% White Milk	Turkey Sausage Apple Juice Mixed Fruit Cup 1% White Milk	WG Blueberry Muffin Animal Grahams Craisins 100% Juice 1% White Milk		
3	4	5	6		7	
Bag Breakfast	Bag Breakfast	Bag Breakfast	French Toast Sticks w/ Syrup	Bag Breakfast		
Frosted Flakes Vanilla Wafers Craisins 100% Juice 1% White Milk	ZZ Strawberry Crisp Bar Pineapple Cup 100% Juice 1% White Milk	Cinnamon Goldfish Cracker Fresh Apple Dannon Nonfat Creamy Yogurt 1% White Milk	Cinnamon Applesauce Cup Apple Juice 1% White Milk	Apple Roll Craisins 100% Juice 1% White Milk		7
10	11	12	13		14	
Bag Breakfast	Bag Breakfast	Bag Breakfast	WG Cinnamon French Toast	Bag Breakfast		
Butterscotch Oatmeal Bar Cinnamon Goldfish Cracker Craisins 100% Juice 1% White Milk	Cinnamon Toast Crunch Cereal Vanilla Wafers Fruit Cup 100 % Juice 1% White Milk	WG Bagel with Cream Cheese Fresh Apple 1% White Milk	Turkey Sausage Mixed Berry Applesauce Cup Apple Juice 1% White Milk	WG Goody Bun Fresh Apple 1% White Milk		
17	18	19	20		21	
Bag Breakfast	Bag Breakfast	Bag Breakfast	Pancake w/ Syrup	Bag Breakfast		
WG Frosted Fudge Poptart Craisins 100% Juice 1% White Milk	Breakfast ZZ Berry Apple Crisp Bar Pear Cup 100% Juice 1% White Milk	Cinnamon Goldfish Cracker Fresh Apple Dannon Nonfat Creamy Yogurt 1% White Milk	Turkey Sausage Mandarin Orange Apple Juice 1% White Milk	WG Cinnamon Bun Mixed Fruit Cup 100% Juice 1% White Milk		R R
24	25	26	27		28	
Bag Breakfast						
Golden Grahams Cereal Animal Grahams Craisins						
100% Juice 1% White Milk						",
Happy Halloween! 31						



Thought for Thought

Tips & Information

Columbus is celebrated on the 2nd Monday in October. The day is commemorated as the Columbus Day in United States, as Día de las Culturas (Day of the Cultures) in Costa Rica, as Día de la Hispanidad (Spanish Day), as Día de la Raza (Day of the Race) in many countries in Latin America. Columbus Day became an authorized state holiday in Colorado in 1905. It became a national holiday in 1970 in the United States.

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"or:" = An alternative selection to choose. "WG"=Whole Grain
1% White & 1%Chocolate Milk available daily.

FoodServices **Menu Subject to Change**