

Monday	Tuesday	Wednesday	Thursday	Friday
Bag Breakfast Blueberry Chex Cereal Animal Grahams Craisins 100% Juice 1% White Milk 3	Bag Breakfast Mixed Berry Rice Krispie Cereal Bar Fruit Cup Crackers Juice 1% White Milk 4	Bag Breakfast WG Bagel with Cream Cheese Fresh Apple 1% White Milk 5	WG Pancake Turkey Sausage Apple Juice Mixed Fruit Cup 1% White Milk 6	Bag Breakfast WG Blueberry Muffin Animal Grahams Craisins 100% Juice 1% White Milk 7
Bag Breakfast Frosted Flakes Vanilla Wafers Craisins 100% Juice 1% White Milk 10	Bag Breakfast ZZ Strawberry Crisp Bar Pineapple Cup 100% Juice 1% White Milk 11	Bag Breakfast Cinnamon Goldfish Cracker Fresh Apple Dannon Nonfat Creamy Yogurt 1% White Milk 12	French Toast Sticks w/ Syrup Cinnamon Applesauce Cup Apple Juice 1% White Milk 13	Bag Breakfast Apple Roll Craisins 100% Juice 1% White Milk 14
Bag Breakfast Butterscotch Oatmeal Bar Cinnamon Goldfish Cracker Craisins 100% Juice 1% White Milk 17	Bag Breakfast Cinnamon Toast Crunch Cereal Vanilla Wafers Fruit Cup 100 % Juice 1% White Milk 18	Bag Breakfast WG Bagel with Cream Cheese Fresh Apple 1% White Milk 19	WG Cinnamon French Toast Turkey Sausage Mixed Berry Applesauce Cup Apple Juice 1% White Milk 20	Bag Breakfast WG Goody Bun Fresh Apple 1% White Milk 21
Bag Breakfast WG Frosted Fudge Poptart Craisins 100% Juice 1% White Milk 24	Bag Breakfast Breakfast ZZ Berry Apple Crisp Bar Pear Cup 100% Juice 1% White Milk 25	Bag Breakfast Cinnamon Goldfish Cracker Fresh Apple Dannon Nonfat Creamy Yogurt 1% White Milk 26	Pancake w/ Syrup Turkey Sausage Mandarin Orange Apple Juice 1% White Milk 27	Bag Breakfast WG Cinnamon Bun Mixed Fruit Cup 100% Juice 1% White Milk 28
Bag Breakfast Golden Grahams Cereal Animal Grahams Craisins 100% Juice 1% White Milk Happy Halloween! 31				



Thought for Thought

Tips & Information

Columbus is celebrated on the 2nd Monday in October. The day is commemorated as the Columbus Day in United States, as Día de las Culturas (Day of the Cultures) in Costa Rica, as Día de la Hispanidad (Spanish Day), as Día de la Raza (Day of the Race) in many countries in Latin America. Columbus Day became an authorized state holiday in Colorado in 1905. It became a national holiday in 1970 in the United States.

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"or:" = An alternative selection to choose. "WG"=Whole Grain
 1% White & 1%Chocolate Milk
 available daily.



Menu Subject to Change