## Detroit Academy of Arts & Sciences East Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
			WG Pancake  Turkey Sausage  Apple Juice  Mixed Fruit Cup  1% White Milk	
			1	2 No School
5 No School	Bag Breakfast  Cinnamon Toast Crunch Cereal Vanilla Wafers Fruit Cup 100 % Juice 1% White Milk	Bag Breakfast  WG Bagel with Cream Cheese Fresh Apple 1% White Milk	French Toast Sticks w/ Syrup  Cinnamon Applesauce Cup Apple Juice 1% White Milk	Bag Breakfast  WG Goody Bun Fresh Apple 1% White Milk
Bag Breakfast	Bag Breakfast	Bag Breakfast	WG Cinnamon French Toast	Bag Breakfast
WG Frosted Fudge Poptart Craisins 100% Juice 1% White Milk	Breakfast ZZ Berry Apple Crisp Bar Pear Cup 100% Juice 1% White Milk	Cinnamon Goldfish Cracker Fresh Apple Dannon Nonfat Creamy Yogurt 1% White Milk	Turkey Sausage Mixed Berry Applesauce Cup Apple Juice 1% White Milk	WG Cinnamon Bun Mixed Fruit Cup 100% Juice 1% White Milk
12	13	14 Pag Pagalifort	15	16
Bag Breakfast  Golden Grahams Cereal Animal Grahams Craisins 100% Juice 1% White Milk	Bag Breakfast  WG Frosted Strawberry Poptart Pear Cup 100% Juice 1% White Milk	WG Bagel with Cream Cheese Fresh Apple 1% White Milk	Pancake w/ Syrup  Turkey Sausage Mandarin Orange Apple Juice 1% White Milk	Bag Breakfast  ZZ Bar Birthday Cake Craisins 100% Juice 1% White Milk
19	20	21	22	23
Bag Breakfast  Cocoa Puffs Cereal Bar Animal Grahams Mixed Fruit Cup 100% Juice 1% White Milk	Bag Breakfast  ZZ Blueberry Lemon Bar Craisins 100% Juice 1% White Milk	Bag Breakfast  Cinnamon Goldfish Cracker Fresh Apple Dannon Nonfat Creamy Yogurt 1% White Milk	Jumbo Waffle  Turkey Sausage Cinnamon Applesauce Cup Apple Juice 1% White Milk	Bag Breakfast  Raisin Bran Cereal  WG Vanilla Wafers  Craisins  100% Juice  1% White Milk
26	27	28	29	30



## Thought for Thought

## **Tips & Information**

Labor Day, the first Monday in September, constitutes a yearly national tribute to the contributions workers have made to the strength, prosperity, and well-being of our country. The first unofficial Labor Day holiday was celebrated on Tuesday, September 5, 1882, in New York City. On June 28th, 1894 the first Monday in September was declared Labor Day by President Grover Cleveland. Labor Day is not only celebrated in the United States, but also Canada and other

industrialized nations. This day for some is a day to relax and enjoy the end of summer & the beginning of another CDEAT VEAD OF I FADNINGIII

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"or:" = An alternative selection to

choose. "WG"=Whole Grain 1% White & 1%Chocolate Milk available daily.

\*\*Menu Subject to Change\*\*

