August, Betroit Academy of Arts & Sciences 3-5 East Lunch 2022

Monday	Tuesday	Wednesday	Thursday	Friday	
No School	9 No School	10 No School	No School	No School	
No School	No School	No School	No School	No School	
No School	No School	No School	No School	No School	Thought for Thought Tips & Information
Chicken & Rice Casserole Steamed Broccoli Fresh Apple 1% White or 1% Chocolate Milk	Classic Cheeseburger on WW Bun Baked Beans Fresh Apple slices 1% White or 1% Chocolate Milk	Baked Green Beans Cinnamon Applesauce Cup 1% White or 1% Chocolate Milk	eth	er!	August is a great month to enjoy time with your friends & family. Some great ideas are going camping, reading a book together, going to the beach or having a family reunion!!! Don't forget that it's time to start getting all those school supplies
*					"or:" = An alternative selection to choose. "WG"=Whole Grain 1% White & 1%Chocolate Milk available daily. **Menu Subject to Change**